



RW Solutions Senior Community Café

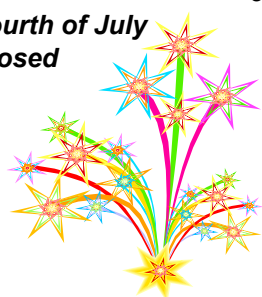
July, 2026



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION **\$3.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sign up for lunch by the previous Wednesday before 11:00am in order to have lunch the following week. Thank you.		1 Cheeseburger with Swiss Cheese French Fries Corn on the Cob Pickle Slices Hamburger Bun Watermelon	2	3 Fourth of July Closed 
6 Chicken Bruschetta Bruschetta Sauce Buttered Shells Broccoli Garlic Bread Nilla Wafers	7	8 Cobb Salad with Chicken, Egg, Cheese, and Bacon Beets Ranch Dressing White Bread Strawberry Bar	9	10 Chicken Sausage Noodles with Onions and Cabbage Beets Whole Wheat Bread Rice Pudding
13 Chicken Cranberry Salad Macaroni Salad Broccoli and Red Pepper Salad Whole Wheat Bread Brownie	14	15 Vegetable Barley Soup Unsalted Crackers Tuna Salad Ziti Broccoli Salad Cucumber Dill Salad Happy Birthday Hot Dog Bun Birthday Cake	16	17 Fish Filet Yellow Rice Cilantro Lime Coleslaw  Flour Tortilla Tartar Sauce Watermelon
20 Hamburger Steak Fries Spinach  Hamburger Bun Cookies	21	22 BBQ Pork Riblet Au Gratin Potatoes Cali Blend Veggies Cornbread Oreos	23	24 Split Pea Soup Unsalted Crackers Seafood Salad Cole Slaw French Fries Hot Dog Roll Cookies
27 Chili White Rice Spinach and Kale Dinner Roll Cookies	28	29 Orange Juice Omelet with Cheese French Toast Sticks Spinach  Fresh Fruit	30	31 Ground Beef Stroganoff with Egg Noodles Broccoli and Carrots Dinner Roll Apple

