



RW Solutions Senior Community Café

August, 2026

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pork Chopette with LS Gravy Buttered Egg Noodles Broccoli Rye Bread Peaches	4	5 Swiss Burger French Fries Corn on the Cob Pickle Slices Hamburger Bun Watermelon	6	7 Chicken Patty Sweet Potato Fries Cole Slaw WW Hamburger Bun Fresh Orange
10 Diced Chicken and Cranberry Salad Macaroni Salad Broccoli and Red Pepper Salad Whole Wheat Bread Brownie	11	12 Vegetable Barley Soup Unsalted Crackers Tuna Salad with Celery Broccoli Ziti Salad Cucumber Dill Salad Happy Birthday Hot Dog Bun Birthday Cake	13	14 Fish Filet Yellow Rice Cilantro Lime Cole Slaw Flour Tortilla Mango Pineapple Mix
17 Chicken Bruschetta Bruschetta Sauce Buttered Shells Broccoli Garlic Bread Nilla Cookies	18	19 Cobb Salad with Diced Chicken, Egg, Cheese, Tomato, and Bacon Beets Ranch Dressing Bread Stick Strawberry Bar	20	21 Chicken Sausage Noodles with Onions and Cabbage Beets Oatnut Bread Rice Pudding
24 Hanburger Steak Fries Spinach  Hamburger Bun Cookies	25	26 BBQ Pork Riblet Au Gratin Potatoes Cali Blend Veggies Cornbread Oreos	27	28 Split Pea Soup Unsalted Crackers Seafood Salad French Fries Cole Slaw Hot Dog Roll Cookies
31 Chili White Rice Spinach and Kale Dinner Roll Cookies	 Sign up for lunch by the previous Wednesday before 11:00am in order to have lunch the following week. PLEASE			

FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!