





RW Solutions Senior Community Cafe

June, 2026



MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Grilled Chicken with Marsala Sauce Buttered Noodles Roasted Maple Brussel Sprouts  White Bread  Pudding	2	3 Egg Salad Pickled Beets Spinach Feta Salad  Wheat Roll  Oreos	4	5 Roast Turkey with LS Gravy Stuffing Cauliflower Supreme  Oatnut Bread  Mixed Fruit
8 Pork Chopette with LS Sage Gravy Mashed Potatoes Green Beans  White Bread  Peaches	9	10 Chicken Sandwich Lettuce and Tomato Waffle Fries Broccoli  Hamburger Bun  Fig Newton	11	12 Roast Chicken Potato Wedges Herbed Carrots  Whole Wheat Roll  Applesauce
15 Orange Juice Red Pepper Omelet Turkey Sausage Link French Toast Sticks Syrup  Fresh Apple	16	17 <b>Father's Day Special</b> Pot Roast with Onions and Mushrooms Roasted Red Potatoes Broccoli  Whole Wheat Rolls  Boston Cream Pie	18	19 Closed  
22 Pineapple Chicken Stir Fry Brown Rice Asian Blend Veggies  Hawaiian Roll  Fresh Mandarin	23	24 Broccoli Egg Bake Tater Tots Green Beans  White Bread  Watermelon	25	26 Tuna Fish Salad with Onion and Celery over a Bed of Lettuce Seasoned 3 Bean Salad Tomato and Cucumber Salad Oatmeal Bread Cookies
29 Sloppy Joe Potato Wedges Spinach  Dinner Roll  Cookies	30	 <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="color: red; text-align: center;">Sign up for lunch by the previous Wednesday before 11:00am in order to have lunch the following week. PLEASE</p> </div>		

**FOOD ALLERGY WARNING:** Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!

