



RW Solutions Senior Community Café

July, 2025



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2 Sweet and Sour Meatballs with White Rice Oriental Blend Veggies Wheat Roll Tropical Fruit Cup	3	4 Fourth of July Closed 
7 Chicken Cranberry Salad Macaroni Salad Broccoli and Red Pepper Salad Whole Wheat Bread Brownie	8	9 Vegetable Barley Soup Unsalted Crackers Tuna Salad Ziti Broccoli Salad Cucumber Dill Salad Happy Birthday Hot Dog Bun Birthday Cake	10	11 Fish Filet Yellow Rice Cilantro Lime Coleslaw  Flour Tortilla Tartar Sauce Watermelon
14 Chicken Bruschetta Bruschetta Sauce Buttered Noodles Broccoli Garlic Bread Nilla Wafers	15	16 Cobb Salad with Chicken, Egg, Cheese, and Bacon Beets Ranch Dressing White Bread Pineapple	17	18 Chicken Sausage Noodles with Onions and Cabbage Beets Whole Wheat Bread Rice Pudding
21 Pineapple Chicken Stir Fry Egg Fried Rice Asian Blend Veggies  Hawaiian Roll Fortune Cookie Mandarin Orange	22	23 Chicken Noodle Soup Unsalted Crackers BBQ Pork Riblet Au Gratin Potatoes Cali Blend Veggies Cornbread Oreos	24	25 Hamburger Steak Fries Spinach Hamburger Bun Apple Cookie Bar
28 Chili White Rice Spinach and Kale Dinner Roll Cookies	29	30 Orange Juice Omelet with Cheese Waffle Spinach Pudding	31	