RW Solutions Senior Community Café



February, 2024

1% milk provided Margarine available

MENU ITEMS SUBJECT TO CHANGE SUGGESTED DONATION \$3.00 TUESDAY WEDNESDAY THURSDAY **FRIDAY** MONDAY Groundhog Day Tomato Rice Soup **Unsalted Crackers** Groundhog Jumbo Ravioli with Florentine Sauce **Brussel Sprouts** 2 mman nonman Multigrain Bread Fruited Jell-O with Topping Grilled Chicken Breast Lentil Soup Butternut Macaroni with Orange **Unsalted Crackers** and Cheese Cranberry Sauce Chicken Marsala Broccoli Yams with Cinnamon Herbed Ziti Spinach Italian Blend Veggies Wheat Roll Garlic Bread Oatnut Bread Oatmeal Cream Cookie Pineapple Tropical Fruit 13 Ash Wednesday 14 15 Special Dessert 16 Grilled Chicken Breast Orange Juice Crab Cake Broccoli Cheese Quiche with BBQ Sauce Roasted Red Potatoes Au Gratin Potatoes Potato Hash Meadow Blend Veggies Carrots Peas and Pearl Onions **Tartar Sauce** 000 Whole Wheat Bread Croissant Cornbread Apple Pie with Strawberry Cake Whipped Topping Orange 19 20 Diced Chicken with Salmon with Fricassee Sauce LS Latino Sauce **Sweet Potatoes** White Rice Green Beans Spinach Whole Wheat Bread Multigrain Bread Clementine Mango Mix 26 27 28 29 Hearty Vegetable Chicken and Bean Soup **Dumplings Unsalted Crackers** Green Beans Lasagna Roll with Meat Sauce Winter Mix Veggies Garlic Bread **Biscuit** Raisins Mandarin Oranges