

# THE ELMWOOD EXTRA

Read All About It!

October / November 2022

A Publication of the Department of Elderly Services



## Elmwood Hall

*The club for people age 60 and up.*

Covid19 Vaccine and Bivalent Booster Shot Clinics  
*The Store Memoir* Author Talk and Book Signing  
What Is Low Vision and the Low Vision Center?  
National Park Armchair Travel Series and Crafting Project  
Yosemite National Park  
Historian Art Gottlieb presents "The Eiffel Tower"  
Honoring Our Veterans  
Fall Prevention  
Bingo

## City of Danbury

Department of Elderly Services

Dean Esposito, Mayor

Susan M. Tomanio, LCSW, Director of Elderly Services

Joyce Kuhn, Activities/Resource & Referral

10 Elmwood Place, Danbury, CT 06810

[www.danburyseniors.org](http://www.danburyseniors.org)

Tel. 203-797-4686

HOURS OF OPERATION: MONDAY — FRIDAY 8:30 - 4:30

## MESSAGE FROM THE DIRECTOR OF ELDERLY SERVICES

Susan M. Tomanio, MSW, LCSW



As we move toward Fall we count our blessings and offer gratitude for all of our members and the community of our Senior Center. Look for our COVID19 Bivalent Booster Shot Clinics, a presentation on What is Low Vision, a historical lecture on the Eiffel Tower and much more. We welcome back our WCSU nursing students who spend time at the Senior Center so they can meet and learn from our healthy active members. Medicare Open enrollment begins on October 15th so be sure to call with any questions. We also look forward to hosting our Honoring Our Veterans event, an event that we truly missed over the past two years due to the COVID19 pandemic. Come down and see us soon. Coffee is always brewing!

### Elmwood Hall will be CLOSED

**Monday, October 10 - Columbus / Indigenous Peoples Day**

**Friday, November - 11 Veterans Day**

**Thursday, November 24 - Thanksgiving**

**Friday, November 25 - Day after Thanksgiving.**

All programs are subject to change due to the pandemic.

Thank you for your patience.

## October / November Highlights



**Covid19 Vaccination and Bivalent Vaccine Booster Shot Clinics** on Thursday, October 6, Thursday, October 20, and Thursday, November 3. These free clinics run from 10:00am—

2:00pm. **No appointment necessary.** These clinics will have the original Moderna and Pfizer vaccines, the Moderna and Pfizer boosters and the **“new Moderna and Pfizer Bivalent Vaccine Booster.”** Please bring a health insurance card,

COVID19 vaccine card, and photo ID if you have them, but it is **not necessary** to have health insurance or ID to receive the vaccine.

**The Store Memoir with Author Neil DeFillippo: Author talk and Book Signing** on Thursday, October 13 at 10:30am. In his book, *The Store*, Neil DeFillippo tells the true story of his grandmother, an immigrant woman who arrived from Italy in 1904 at the age of sixteen and who created a financial empire. Her wealth was achieved, in great part, by making and selling illegal liquor during Prohibition and taking numbers. Join Neil

as he relates colorful stories from both the book and other memories. Books will also be for sale. **Sign up required.**

**What is Low Vision and the Low Vision Center?** on Monday, October 17 at 1:00pm. Low vision means **having impaired vision that cannot be corrected by glasses, surgery or medication.** The most common cause of low vision is macular degeneration, an age-related disease that affects the central portion of the visual field. Other common causes include glaucoma, cataracts and diabetes. Presented by Liza Cerbone, a Trustee of the Danbury Lions Club. **Sign up required.**

**National Park Armchair Travel and Crafting Event** on Wednesday, October 26 at 10:00am Virtually explore Yosemite National Park while you create beautiful jewelry inspired by scenes of Yosemite with turquoise and pearl colored beads. Sponsored by Candlewood Valley Health and Rehab. **Sign up required.**

**Corn Hole Tournament** on Friday, October 28 at 1pm. Corn Hole is a game where two wooden boards with a hole are positioned out 20 feet apart. There are two people standing at each board and they take turns tossing the bean bags back and forth. It's an overall great game that is certain to provide a lot of fun. All welcome. **Sign up required.**

**Historian Art Gottlieb presents "The Eiffel Tower" a presentation from his Architectur-**

**al, Technical, and Cultural Series** on Monday, October 31 at 1:00pm. The Eiffel Tower, French Tour Eiffel, is a Parisian landmark that is also a technological masterpiece in building-construction history. When the French government was organizing the International Exposition of 1889 to celebrate the centenary of the French Revolution, a competition was held for designs for a suitable monument. More than 100 plans were submitted, and the Centennial Committee accepted that of the noted bridge engineer Gustave Eiffel. **Sign up required.**

**Honoring Our Veterans** on Wednesday, November 9 at 1:00pm. Join us as we honor all those who have served our great country during times of war and peace. The program will include Inspiring words from Mayor Dean Esposito, special guest speaker, Tom Saadi, Commissioner of Veterans Affairs for the State of Connecticut, and the Danbury Council of Veterans Honor Guard. Cake, Coffee, and conversation to follow. **Sign up required.**

**Fall Prevention on Monday, November 14 at 1:00pm** with Carey Clarkson, Injury Prevention Coordinator, Trauma Center at Danbury Hospital. Falls are among the most common, costly, and harmful health events across care settings. According to WHO (World Health Organization), falls are the second-leading cause of unintentional injury deaths worldwide. Falls can significantly impact an older adult's quality of life. **Sign up required.**

## **NEW MEMBERSHIP AND CHECK IN SYSTEM!**

We have a new software for membership and check in. You will now check in with your seven digit phone number, not a scan card. You can pay as you go for classes, or put money on your account and prepay, making check in easier. We don't ask for your credit card or social security number.

We will be sending you important recorded messages over the phone about special events or closings. The calls will come from phone number 475-256-5210.

If you have email, you will receive emails from us as well. The email will come from Danbury Senior Center Danbury@schedulesplus.com

While membership remains free, you will be asked each year to update your member information, especially your emergency contact person. We look forward to seeing you at the Center.

## Every Day Class Offerings & Programs At Elmwood Hall



### HEALTH AND WELLNESS

**Walking Club** - Mondays and Fridays 9:00am. This group, led by volunteer Paul, will meet at the Senior Center and will enjoy walking adventures around downtown Danbury. Inclement weather cancels this event.

**Movers and Shapers** - Mondays at 11:15am. Low impact aerobics, strength training and stretching. Taught by Coleen Krempel. The fee is \$2 per class.

**Senior Nutrition Lunch Program** – Served on Mondays, Wednesdays, and Fridays at noon. This is a hot, nutritionally balanced meal served at the Senior Center. You must sign up for lunch by the previous Wednesday before 11:30am in order to have lunch the following week. **PLEASE NOTE: NO WALK IN'S.** Meals provided in partnership with CW Resources. Suggested donation of \$3.

**Blood Pressure Screening** - the 3rd Monday of each month at 11:00am. Your blood pressure is your most important number! Thank you to Bethel Health Care for sponsoring our monthly blood pressure screening. No appointment is necessary. Free.

**Chair Yoga** - Tuesdays at 10:00am. Focusing on relaxation, breathing, and gentle postures, yoga for older adults can ease suffering caused by many ailments including arthritis, chronic pain, and heart disease. Taught by Beverly Leighton. The fee is \$2 per class.

**Tai Chi** - Tuesdays at 1:00pm. This class is proven to help reduce stress and improve concentration, balance, strength, and flexibility. Taught by Susan Bradley. The fee is \$2 per class.

**Strength Training** - Wednesdays at 11:15am. This class helps you stay strong and maintain your muscles. Taught by Coleen Krempel. The fee is \$2 per class.

**Line Dance Practice** - Wednesdays at 1:00pm. Come practice your steps and get some exercise at the same time. This is a fun practice class that gets you moving. Taught by Kevin Burland and Susan Tomanio. There is no fee for this class.

**Gentle Flow Yoga** - Thursdays at 10:30am. Instructor Beverly Leighton has been practicing and teaching yoga for seventeen years. She says that anyone can practice yoga and believes the idea of concentration and focusing inward fosters patience, balance and peace. This class will be modified based on an individual's personal needs, but please know that it does involve getting down and up from the floor. The cost for the class is \$2 and a yoga mat is needed.

**Line Dancing Instruction** - Thursdays at 1:00 pm. Line dancing is a great way to exercise, improve your coordination, share a laugh with friends, and have fun. Taught by Jill Weiss. The fee is \$2 per class.

**Zumba Gold** - Fridays at 10:00am. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Taught by Coleen Krempel. The fee is \$2 per class.

### LEISURE TIME ACTIVITIES

**Pinochle** - on Mondays and Wednesdays at 1:00pm. Pinochle is a game for two or more players using a 48-card deck consisting of two of each card from nine to ace, with the object being to score points for various combinations and to win tricks.

## **Every Day Class Offerings & Programs At Elmwood Hall**

**Movie Club Matinees** - monthly on third Monday of each month at 12:45pm. The movie will be followed by a lively discussion. Snacks will be served. A \$1 donation is appreciated.

**Monday, October 17**

“Elvis” (musical/drama)

Rated PG-13

**Monday, November 21**

“Where the Crawdads Sing” (mystery/drama)

Rated PG-13

**Attention Movie Club Attendees!** - Some of the movies are rated “R” by the Motion Picture Association and may contain language or scenes that some find offensive. Please use your own judgment as to whether the movie is right for you.

**Multimedia Art Instruction** – Tuesdays at 10:00 am. A mixed media class taught with work varying from miniatures to murals, portraits, still life, and landscapes. Beginners to advanced artists are welcome. Taught by Adele Moros. The fee is \$2 per class. Please bring your own art supplies.

**Mah Jongg** - on Tuesdays at 1:00pm. Mah Jongg is a game that originated in China that is commonly played by four players. Similar to the Western card game rummy, mah jongg is a game of skill, strategy, and calculation that involves a certain degree of chance.

**Knit and Crochet Club** – Thursdays 10:00am. Share patterns, yarn, conversation and support each other when trying something new.

**BINGO** - This program is cancelled for October. Join us on Friday, November 4 at 1:00pm. Cost is \$3. **Sign up required. Sign up begins on Mon-**

**day, October 3 at 8:30am. Seating is limited.**

**Dance and Social Parties** - join us on Friday, October 21 at 1:00pm for our Halloween dance, and Friday, November 18 at 1:00pm for our It’s Fall Y’All dance. Music provided by DJ Kevin Burland of Old Man Rhythm. Free-style and Line Dance to your favorite music of today and yesterday. Even if you don’t dance this is a great opportunity to socialize and see old friends. Cake and Coffee served. A \$3 donation is suggested.













### **LIFE LONG LEARNING**

**Library On-the-Move and One-on-One Tech Support** - on Wednesday, October 19 and Monday, November 21 from 11:00am—1:00pm. Representatives from the Danbury Library will be on site at the Senior Center so you can conveniently renew a library card, check out books, check out iPads, and review flyers for upcoming programs. If you want a certain book, you can call Darlene at the Library ahead of time at 203-797-4513, and she will bring it for you. The Library will also offer one-on-one tech support on this same day at the Senior Center. They can help with iPhones, tablets, and smart phones. **Please call to set up an appointment for an individual session with one of the Danbury Library’s Tech Support staff.**

**Timeless Trivia** - this program is cancelled for October. We hope to bring it back in November or December. Thank you for your understanding.

# OCTOBER 2022












~ Welcome to Elmwood Hall ~ The Danbury Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club	<b>4</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>5</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice	<b>6</b> 8:30 am Free Lite Breakfast <b>10:00 am COVID Bivalent Booster</b> 10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga  12:30 pm Woodcarving 1:00 pm Line Dancing	<b>7</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch
<b>10</b>  <b>CLOSED FOR COLUMBUS DAY</b>	<b>11</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>12</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch 12:30 pm <b>Farm Market OTM</b> 1:00 pm Pinochle 1:00 pm Line Dance Practice 1:30 pm <b>Seniors Eating Well</b>	<b>13</b> 8:30 am Free Lite Breakfast 10:00 am Knit/Crochet <b>10:30 am The Store Memior</b> 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>14</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 
<b>17</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club <b>11:00 am Blood Pressure Screen</b> 11:15 am Movers and Shapers 12 noon Lunch <b>12:45 pm Movie Club: Elvis</b> 1:00 pm Pinochle 1:00 pm Bridge Club <b>1:00 pm What is Low Vision?</b>	<b>18</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>19</b> 8:30 am Free Lite Breakfast 11:00 am <b>Library on the Move</b> 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice	<b>20</b> 8:30 am Free Lite Breakfast 10:00 am Knit/Crochet <b>10:00 am COVID Bivalent Booster</b> 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>21</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Halloween Freestyle &amp; Line Dance with DJ Kevin Burland of Old Man Rhythm</b>
<b>24</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club 1:00 pm <b>Lion's Low Vision</b>	<b>25</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>26</b> 8:30 am Free Lite Breakfast 10:00 am <b>National Park Armchair Travel and Crafting Event: Yosemite</b> 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice	<b>27</b> 8:30 am Free Lite Breakfast 10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>28</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Corn Hole Tourney</b> 
<b>31</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club 1:00 pm <b>Eiffel Tower Lecture</b>	<b>No Bingo for month of October</b> <b>Bingo returns on Friday, November 4.</b> <b>Sign up required.</b> 			<b>Timeless Trivia postponed for the months of October and November. Thank you for your understanding.</b>



# NOVEMBER

2022 ~ Welcome to Elmwood Hall ~ The Danbury Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>2</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice	<b>3</b> 8:30 am Free Lite Breakfast <b>10:00 am COVID Bivalent Booster</b> 10:00 am Knit/Crochet 10:30 am Gentle Flow Yog  12:30 pm Woodcarving 1:00 pm Line Dancing	<b>4</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch <b>1:00 pm Bingo</b>
<b>7</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club	<b>8</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>9</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch <b>1:00 pm Honoring Our Veterans</b> 1:00 pm Pinochle 1:00 pm Line Dance Practice	<b>10</b> 8:30 am Free Lite Breakfast 10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>11</b> <p style="text-align: center;">WE WILL BE CLOSED ON <b>VETERANS DAY</b></p> 
<b>14</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club <b>1:00 pm Fall Prevention</b>	<b>15</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>16</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice	<b>17</b> 8:30 am Free Lite Breakfast 10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>18</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Freestyle &amp; Line Dance with DJ Kevin Burland of Old Man Rhythm</b>
<b>21</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club <b>11:00 am Library on the Move</b> <b>11:00 am Blood Pressure Screen</b> 11:15 am Movers and Shapers 12 noon Lunch <b>12:45 pm Movie Club: Where the Crawdads Sing</b> 1:00 pm Pinochle 1:00 pm Bridge Club	<b>22</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>23</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice	 <p style="text-align: center;">We are closed today</p>	<b>25</b> 
<b>28</b> 8:30 am Free Lite Breakfast 9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club <b>1:00 pm Lion's Low Vision</b>	<b>29</b> 8:30 am Free Lite Breakfast 10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>30</b> 8:30 am Free Lite Breakfast 11:15 am Strength Training 12 noon Lunch 1:00 pm Pinochle 1:00 pm Line Dance Practice		



# **BENEFITS AND SUPPORT INFORMATION**



**203-797-4686**

## **Municipal Agent for the Elderly/Senior Support Services**

We are available for appointments at the Elmwood Hall Senior Center  
or via phone or email.

Information and referral available to  
Danbury residents, Caregivers, Family Members, and the Greater Community.

~ Information and Referrals ~ Medicare ~ Medicare Prescription Drug Plans ~ Elderly Nutrition (Congregate Meals/Meals on Wheels/SNAP/Farm Market Vouchers and Gift Certificates) ~ Home Care Options ~ MediGap Supplemental Plans ~ Rent Rebate ~ Tax Relief ~ Medicare Advantage Plans ~ Medicare Savings Program ~ Housing Options ~ Medical Alert ~ Transportation



### **Medicare Open Enrollment**

Medicare Open Enrollment begins on October 15, 2022 and runs through December 6, 2022. This is an opportunity to review and change your Medicare D Plan (prescription drugs) enroll or change your Medicare Advantage Plan, or purchase a Supplemental Insurance Plan (Medigap). Please ask for staff member, Joyce Kuhn, to schedule an appointment. **Please bring your Medicare Cards, Prescription Drug Card, List of current medications including dosage and number of times taken daily.**

### **Connecticut Energy Assistance Program (CEAP)**

Each year, the State of Connecticut and EVERSOURCE offer energy assistance to help homeowners and renters offset the cost of heating their homes. The assistance is for the primary source of heat, such as oil, natural gas, electricity, propane, kerosene, coal, wood and wood pellets. Eligibility is based on income and you must provide documentation.

Applications are now being accepted by COMMUNITY ACTION AGENCY OF WESTERN CT. Contact the Agency at 203-748-5422 Ext. 3.

EVERSOURCE offers various program, such as The New Start Program, Matching Payment Program, Winter Protection Plan, and Weatherization services. Contact EVERSOURCE Customer Service directly 1-800-286-2000 to

### **Danbury Lion's Club Low Vision Support Group**

**Monday, October 24 and Monday, November 28 at 1:00pm**

The Lion's Club Low Vision Support Group works in conjunction with the Lion's Club Low Vision Center on 235 Main Street, Danbury. The support group provides a place for seniors to come together for support, education, and social interactions.

This support group meets on the fourth Monday of each month, except for January and February. No meeting in December, but Low Vision Support Group members will be invited to the Lion's Club Holiday Party.



## Elmwood Hall Photos and News Briefs



**Save the Date!!**

***For our next***

**Health and Wellness**  
**Clinic for Pets of Veterans**  
**of any Age and Senior**  
**Age 60 plus.**

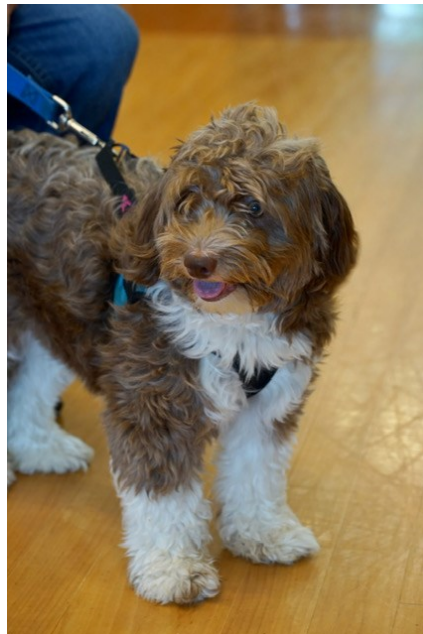
***Friday, January 20, 2023***  
***From 10am - 1pm***

***Included Services:***

***Wellness Check***  
***Rabies Vaccine***  
***Distemper Vaccine***  
***Basic Deworming***  
***Heartworm test***  
***(dogs only)***

***Cost: \$60***

***\*Additional services such as non-core vaccines (Lyme, Lepto, Kennel Cough) available for additional fee***



### **Inclement Weather Policy**

Elmwood Hall Danbury Senior Center closes at times during inclement weather. Because there have now been many occasions when Danbury Schools are closed and the Senior Center did not close, such as during Storm Isaac in 2020 and the during the pandemic, **we will no longer follow the Danbury School's closing schedule. A message regarding our closing status will be on our answering machine, will be noted on our Facebook page, and announced on WLAD radio 800am and TV Channel 3 WFSB.**

## ***Elmwood Extra ~ Read All About It***

Department of Elderly Services  
Elmwood Hall ~ Danbury Senior Center  
10 Elmwood Place  
Danbury, CT 06810

### **Mission Statement**

**The Department of Elderly Services seeks to increase the quality of life of Danbury area citizens who are age 60 or older by developing many comprehensive programs and resources and referral services specifically designed to enrich the general well-being of Danbury's more mature population.**

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**Elmwood Hall Senior Center (Wellness, Livelong Learning, Leisure Time Programs)  
Municipal Agent's Office for the Elderly (Resource, Referral, Benefits, Services)  
Van Transportation Program  
Rent Rebate Program  
Intergenerational Programs**

**For a full listing of our programs please visit our website [www.danburyseniors.org](http://www.danburyseniors.org)**

### **Department of Elderly Services—Staff Members**

Susan Tomanio, LCSW - Director of Elderly Services  
Joyce Kuhn - Activities/Outreach/Resource & Referral (Grant Funded)  
Linda Rinaldi - Administrative Assistant  
Chris Bachmann - Administrative Assistant  
Jose Fuentes - Elderly Services Associate  
Pam Makin - Van Driver