

# THE ELMWOOD EXTRA

Read All About It!

June / July 2022

A Publication of the Department of Elderly Services



## Elmwood Hall

*The club for people age 60 and up.*

Rock and Roll: Music of the 50's and 60's and its Impact on America

Every Smile Counts Oral Health Survey and Screening

Pet Health and Wellness Clinic

The LGBTQ+ Community and Older Adults

State of CT Department of Agriculture Voucher Program

Seniors Eating Well Nutrition Program

Farmers' Market on the Move

Corn Hole Tournament

Lion's Club Low Vision Support Group Meeting

## City of Danbury

Department of Elderly Services

Dean Esposito, Mayor

Susan M. Tomanio, LCSW, Director of Elderly Services

Michelle McNamara, Municipal Agent/Program Coordinator

Joyce Kuhn, Activities/Resource & Referral

10 Elmwood Place, Danbury, CT 06810

[www.danburyseniors.org](http://www.danburyseniors.org)

Tel. 203-797-4686

HOURS OF OPERATION: MONDAY — FRIDAY 8:30 - 4:30

## MESSAGE FROM THE DIRECTOR OF ELDERLY SERVICES

Susan M. Tomanio, MSW, LCSW



During the summer months we invite you to come and enjoy our many programs, such as a visit from the Danbury Westerners, Dental Health Screening with the CT Department of Health, and Seniors Eating Well Nutrition Education program along with the Farmers' Market on the Move. Other programs include a Corn Hole Tournament, Library on the Move with One-on-One Tech Assistance, a visit from the LGBTQ+ Triangle Community Center, and the return of the Lion's Club Low Vision Support Group. We are serving coffee Monday—Friday until 3:30, so please feel free to drop in anytime. Stay well and see you soon!

### Elmwood Hall will be **CLOSED** on Monday, July 4

Sometimes the end of our road, Elmwood Place, floods when there is heavy rain. If that is the case, there is a way into the Senior Center parking lot that can be accessed by turning into the driveway between Padaminas NY Bakery II and The Siegel Insurance Company. Drive to the back and look for the orange cones.

All programs are subject to change due to the pandemic. Thank you for your patience.

## June / July Highlights

### **Rock and Roll: Music of the 50's and 60's and its Impact on America**

on Wednesday, June 8 at 10am. This is a fun lecture featuring great music with historian Stephen Armstrong. Come learn about how some of America's favorite music impacted history. Please sign up. This program is sponsored by Synergy Home Care. **Sign up required.**

**Danbury Museum Lecture and Craft Series** on the second Wednesday of the month at 10:30am at the Danbury Museum. On June 8, the last of the monthly series, the focus is on weaving with each participant weaving their own book mark. **Please call the Senior Center to reserve your spot!** Transportation to the Danbury Museum will be provided to those who need it.

**Every Smile Counts Oral Health Screening** on Wednesday, June 15 by appointment beginning at

10:00am. We welcome your participation in the *Every Smile Counts Survey*, an oral health screening to help promote and advocate for improved access to affordable dental care. Oral health is a vital component to overall health and well-being across the lifespan. Poor oral health is associated with diabetes, heart disease, stroke, and lung disease. This survey is sponsored by the Connecticut Department of Public Health through a CDC grant. A licensed dental hygienist will visually inspect your mouth. It only takes about 5 minutes. We will also ask you to complete a short questionnaire. We follow infection control procedures more stringent than required by CDC. **As a way of appreciating your participation, you will receive a toothbrush, toothpaste and other oral health products. Please call the Senior Center to schedule your appointment.**

**Danbury Westerners Baseball Team Visits Danbury Senior Center** on Tuesday, June 21 at 10:00am. The Danbury Westerners are a collegiate summer baseball team based in Danbury. The team, a member of the New England Collegiate Baseball League, plays their home games at Rogers Park. **Sign up is required, as all those who attend will receive a free ticket to the Westerners game that evening.** This program is sponsored by the Danbury Commission on Aging.

**The LGBTQ+ Community and Older Adults** on Tuesday, July 5 at 2:00pm. This talk is an education based discussion for older adults in the LGBTQ+ community and Allies. We will discuss who are LGBTQ+ older adults, and what are they experiencing, Starting from the top - Gender, Sex, Sexuality, & Attraction, LGBTQ+ Terminology (and how it's changed and is changing), how to be Inclusive. Presented by Sydney Henck, LMSW, Director of Programming, Triangle Community Center, (pronouns: he, him, his). **Sign up required.**

**Corn Hole Tournament** on Monday, June 20 and Monday, July 18, both at 1:00pm. Corn Hole is a game where two wooden boards with a hole are positioned out 20 feet apart. There are two people standing at each board and they take turns tossing the bean bags back and forth. It's an overall great game that is certain to provide a lot of fun. All welcome. **Sign up required.**

**Seniors Eating Well** on Wednesday, July 13, August 10, September 14, and October 12. Start time is 1:30pm. Heather Peracchio, MS, RDN, CDN will lead this popular pre-pandemic program. It is a nutrition seminar designed to help those age 60 plus incorporate more fruits, vegetables, and

exercise into their lives. She will also talk about our local Farmers' Market. For each monthly seminar completed, a \$20 gift certificate will be provided to shop at the Danbury Farmers' Market or at the Farm Market on the Move located at the Danbury Senior Center, which takes place on the same day as the nutrition seminars. **Sign up is required for each, separate date.**

**Farm Market On the Move at Elmwood Hall** on Wednesday, July 13, August 10, September 14, and October 12 from 12:30pm to 3:30pm. Clatter Valley Farm of New Milford will bring their fresh vegetables and produce. Cash, credit cards, SNAP cards, "Seniors Eating Well" gift certificates and state department of agriculture checks will be accepted. End Hunger CT will be available to sign up seniors who qualify for SNAP. The Danbury Farmers' Market will double the amount of SNAP benefits so it's worth seeing if you qualify.

**Pet Health and Wellness Veterinary Clinic for Cats and Dogs** on Friday, July 29 from 12 noon to 3pm. For seniors age 60 plus and Veterans of any age who own a dog or cat, this is a health and wellness checkup for your pet. A cost of \$40 includes a health and wellness check, heartworm testing and medication (for dogs), vaccinations, basic deworming. Optional care offered at an additional charge is ear cleaning / treatment, microchipping, and nail clipping. **Please call the Senior Center for an appointment.** This event is sponsored by the Catherine Violet Hubbard Animal Sanctuary in partnership with Dr. Nicole Sabo of Veterinary Care Everywhere, Dr. Emily Anderson of Heal House Call Veterinarian, Petopia. The event is supported in part through grant money provided by Elmwood Hall—Danbury Senior Center.

## **NEW MEMBERSHIP AND CHECK IN SYSTEM!**

We have a new software for membership and check in. You will now check in with your seven digit phone number, not a scan card. You can pay as you go for classes, or put money on your account and prepay, making check in easier. We don't ask for your credit card or social security number. We will be sending you important recorded messages over the phone about special events or closings. The calls will come from phone number 475-256-5210. If you have email, you will receive emails from us as well. The email will come from Danbury Senior Center <Danbury@schedulesplus.com>

While membership remains free, you will be asked each year to update your member information, especially your emergency contact person. We look forward to seeing you at the Center.

## **Every Day Class Offerings & Programs At Elmwood Hall**



### **HEALTH AND WELLNESS**

#### **Movers and Shapers** - Mondays at 11:15am.

Low impact aerobics, strength training and stretching. Taught by Coleen Krempel. The fee is \$2 per class.

#### **Strength Training** - Wednesdays at 11:15am.

This class helps you stay strong and maintain your muscles. Taught by Coleen Krempel. The fee is \$2 per class.

#### **Tai Chi** - Tuesdays at 1:00pm. This class is proven to help reduce stress and improve concentration, balance, strength, and flexibility.

Taught by Susan Bradley. The fee is \$2 per class.

#### **Line Dancing Instruction** - Thursdays at 1:00 pm.

Line dancing is a great way to exercise, improve your coordination, share a laugh with friends, and have fun. Taught by Jill Weiss. The fee is \$2 per class.

#### **Chair Yoga** - Tuesdays at 10:00am. Focusing on relaxation, breathing, and gentle postures,

yoga for older adults can ease suffering caused by many ailments including arthritis, chronic pain, and heart disease. Taught by Beverly Leighton. The fee is \$2 per class.

#### **Zumba Gold** - Fridays at 10:00am. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Taught by Coleen Krempel. The fee is \$2 per class.

#### **Senior Nutrition Lunch Program** – Served on Monday, Wednesday, and Friday at noon. This is a hot, nutritionally balanced meal served at the Senior Center. You must sign up for lunch

by the previous Wednesday before 11:30am in order to have lunch the following week. **PLEASE**

**NOTE: NO WALK IN'S.** Meals provided in partnership with CW Resources. Suggested donation of \$3.

#### **Walking Club** - Mondays at 9:30am and Fridays 9:00am. This group, led by volunteer Paul, and staff member, Michelle, will meet at the Senior Center and will enjoy walking adventures around downtown Danbury. Rain will move the walk to the Danbury Fair Mall. (Meet at the parking lot in front by LL Bean/Cheesecake Factory area).

#### **Gentle Flow Yoga** - Thursdays at 10:30am. Instructor Beverly Leighton has been practicing and teaching yoga for seventeen years. She says that anyone can practice yoga and believes the idea of concentration and focusing inward fosters patience, balance and peace. This class will be modified based on an individual's personal needs, but please know that it does involve getting down and up from the floor. No previous yoga experience necessary. The cost for the class is \$2 and a yoga mat is needed.

#### **Line Dance Practice** - Wednesdays at 1:00pm. Come practice your steps and get some exercise at the same time. This is a fun practice class that gets you moving. Taught by Kevin Burland and Susan Tomanio. There is no fee for this class.

### **LEISURE TIME ACTIVITIES**

#### **Multimedia Art Instruction** – Tuesdays at 10:00 am. A mixed media class taught with work varying from miniatures to murals, portraits, still life, and landscapes. Beginners to advanced artists are welcome. Taught by Adele Moros. The fee is \$2 per class.

## **Every Day Class Offerings & Programs At Elmwood Hall**

**Knit and Crochet Club** – *Thursdays 10:00am.* Share patterns, yarn, conversation and support each other when trying something new.

**BINGO** - *Fridays, June 3 and July 1 at 1:00 pm.* The fee to play is \$3 and includes one card and seven games. An additional card can be purchased for \$1. Limit to two cards per person.

**Pinochle** - *on Mondays at 1:00pm.* Pinochle is a game for two or more players using a 48-card deck consisting of two of each card from nine to ace, with the object being to score points for various combinations and to win tricks.

**Mah Jongg** - *on Tuesdays at 1:00pm.* Mah Jongg is a game that originated in China that is commonly played by four players. Similar to the Western card game rummy, mah jongg is a game of skill, strategy, and calculation that involves a certain degree of chance.

**Movie Club Matinees** - monthly on Monday, June 6 and Monday, July 11 at 12:45pm. The movie will be followed by a lively discussion with Michelle. Snacks will be served. A \$1 donation is appreciated.

**Monday, June 6**

“King Richard” (drama)

**Monday, July 11**

“West Side Story (2021)” (musical)

**Attention Movie Club Attendees!** Some of the movies are rated “R” by the Motion Picture Association and may contain language or scenes that some find offensive. Please use your own judgment as to whether the movie is right for you.

**Poker** weekly beginning on Wednesday, June 1

at 1:00pm. Played with chips, this group meets weekly for a spirited game of chance and skill.

**Dance and Social Parties** on Friday, June 17 at 1:00pm and Friday, July 15 with DJ Kevin Burland of Old Man Rhythm. Freestyle and Line Dance to your favorite music of today and yesterday. Even if you don’t dance this is a great opportunity to socialize and see old friends. Cake and Coffee served. A \$3 donation is suggested.













### **LIFE LONG LEARNING**

**Library On-the-Move and One-on-One Tech Support** on Wednesday, June 15 and Monday, July 18 from 11:00am—1:00pm. Representatives from the Danbury Library will be on site at the Senior Center so you can conveniently renew a library card, check out books, check out iPads, and review flyers for upcoming programs. If you want a certain book, you can call Darlene at the Library ahead of time at 203-797-4513, and she will bring it for you. The Library will also offer one-on-one tech support on this same day at the Senior Center. They can help with iPhones, tablets, and smart phones. **Please call to set up an appointment for an individual session with one of the Danbury Library’s Tech Support staff.** The Library will continue to come to the Senior Center monthly.

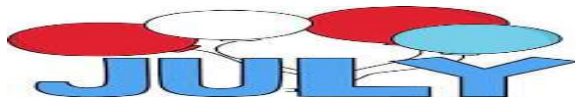
**Timeless Trivia** - monthly on Friday, June 10 and Friday, July 22 at 1:00pm. How well do you know stuff? Come test your knowledge and memory. Played in teams. Categories include: literature, movies, nature, science, geography, music, technology, etc. **Sign up required.**




















# 2022 ~ Welcome to Elmwood Hall ~ The Danbury Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SPECIAL EVENTS</b>  <b>6/8</b> Music of 50's & 60's and its impact on America <b>6/15</b> Dental Health Screening <b>6/21</b> Danbury Westerners Visit	<b>1X PER MONTH EVENTS</b>  <b>6/6</b> Movie: King Richard <b>6/8</b> Danbury Museum <b>6/15</b> Library on the Move <b>6/20</b> Corn Hole Tourney <b>6/27</b> Lion's Low Vision	<b>1</b>  11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice	<b>2</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing	<b>3</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>BINGO</b> 
<b>6</b>  9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 12:45 pm <b>Movie Club:</b> <b>King Richard</b> 1:00 pm Pinochle 1:00 pm Bridge Club 	<b>7</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>8</b>  10:00 am <b>Music of 50's &amp; 60's</b> 10:30 am <b>Danbury Museum</b> <b>Lecture Series: Weaving</b> 11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice	<b>9</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>10</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Timeless Trivia</b> 
<b>13</b>  9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club	<b>14</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>15</b>  10:00 am <b>Dental Health Screen</b> 11:00 am <b>Library on the Move</b> 11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice	<b>16</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>17</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Freestyle &amp; Line Dance with DJ Kevin Burland of Old Man Rhythm</b> 
<b>20</b>  9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club 1:00 pm <b>Corn Hole Tourney</b>	<b>21</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 10:00 am <b>Danbury Westerners</b> 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>22</b>  11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice	<b>23</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>24</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 
<b>27</b>  9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club 1:00 pm <b>Lion's Low Vision</b>	<b>28</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>29</b>  11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice 	<b>30</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing	<b>FUN Fri YAYS!!!!</b>   <b>6/3</b> <b>BINGO</b> <b>6/10</b> <b>Timeless Trivia</b> <b>6/17</b> <b>Freestyle &amp; Line Dance</b>





# 2022 ~ Welcome to Elmwood Hall ~ The Danbury Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SPECIAL EVENTS</b>  7/5 LGBTQ+ 7/13 Seniors Eating Well 7/29 Pet Wellness Clinic 	<b>1X PER MONTH EVENTS</b>  7/11 Movie: West Side Story 7/18 Library on the Move 7/18 Corn Hole Tourney 7/25 Lion's Low Vision 	<b>FUN Fri YAYS!!!!</b>   7/1 BINGO 7/15 Freestyle & Line Dance 7/22 Timeless Trivia	  <b>Farm Market on the Move</b> July 13 <sup>th</sup> 12:30 pm to 3:30 pm	<b>1</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm BINGO 
<b>4</b>  	<b>5</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 2:00 pm LGBTQ+ Community & Older Adults	<b>6</b>  11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice 	<b>7</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>8</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 
<b>11</b>  9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 12:45 pm <b>Movie Club:</b> <b>West Side Story</b> 1:00 pm Pinochle 1:00 pm Bridge Club	<b>12</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>13</b>  11:15 am Strength Training 12 noon Lunch 12:30 pm <b>Farm Market OTM</b> 1:00 pm Poker 1:00 pm Line Dance Practice 1:30 pm <b>Seniors Eating Well</b>	<b>14</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>15</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Freestyle &amp; Line Dance with DJ Kevin Burland of Old Man Rhythm</b> 
<b>18</b>  9:00 am Walking Club 11:00 am <b>Library on the Move</b> 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club 1:00 pm <b>Corn Hole Tourney</b>	<b>19</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi 	<b>20</b>  11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice 	<b>21</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing 	<b>22</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 1:00 pm <b>Timeless Trivia</b> 
<b>25</b>  9:00 am Walking Club 11:15 am Movers and Shapers 12 noon Lunch 1:00 pm Pinochle 1:00 pm Bridge Club 1:00 pm <b>Lion's Low Vision</b>	<b>26</b>  10:00 am Multimedia Art 10:00 am Chair Yoga 1:00 pm Mah Jongg 1:00 pm Tai Chi	<b>27</b>  11:15 am Strength Training 12 noon Lunch 1:00 pm Poker 1:00 pm Line Dance Practice	<b>28</b>  10:00 am Knit/Crochet 10:30 am Gentle Flow Yoga 12:30 pm Woodcarving 1:00 pm Line Dancing	<b>29</b>  9:00 am Walking Club 10:00 am Zumba Gold 12 noon Lunch 12 noon <b>Pet Wellness Clinic</b> 



## **BENEFITS AND SUPPORT INFORMATION**



**203-797-4686**

### **Municipal Agent for the Elderly/Senior Support Services**

We are available for appointments at the Elmwood Hall Senior Center  
or via phone or email.

Information and referral available to  
Danbury residents, Caregivers, Family Members, and the Greater Community.

~ Information and Referrals ~ Medicare ~ Medicare Prescription Drug Plans ~ Elderly Nutrition (Congregate Meals/Meals on Wheels/SNAP/Farm Market Vouchers and Gift Certificates) ~ Home Care Options ~ MediGap Supplemental Plans ~ Rent Rebate ~ Tax Relief ~ Medicare Advantage Plans ~ Medicare Savings Program ~ Housing Options ~ Medical Alert ~ Transportation

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### **Rent Rebate Program**

The State of CT Rent Rebate program for 2022 will began on April 1st and ends on October 1st . Applications will **NOT** be mailed. All communication will be handled via telephone, email, text, and in person. Michelle McNamara is the contact for this program and her direct line is 203-731-9903 or via email at [m.mcnamara@danbury-ct.gov](mailto:m.mcnamara@danbury-ct.gov)

### **Danbury Lion's Club Low Vision Support Group**

**Monday, June 27 and Monday July 25 at 1:00pm**

The Lion's Club Low Vision Support Group works in conjunction with the Lion's Club Low Vision Center on 235 Main Street, Danbury. The support group provides a place for seniors to come together for support, education, and social interactions.  
This support group meets on the fourth Monday of each month, except for January and February.

### **State of Connecticut Farmers' Market Nutrition Voucher Program**

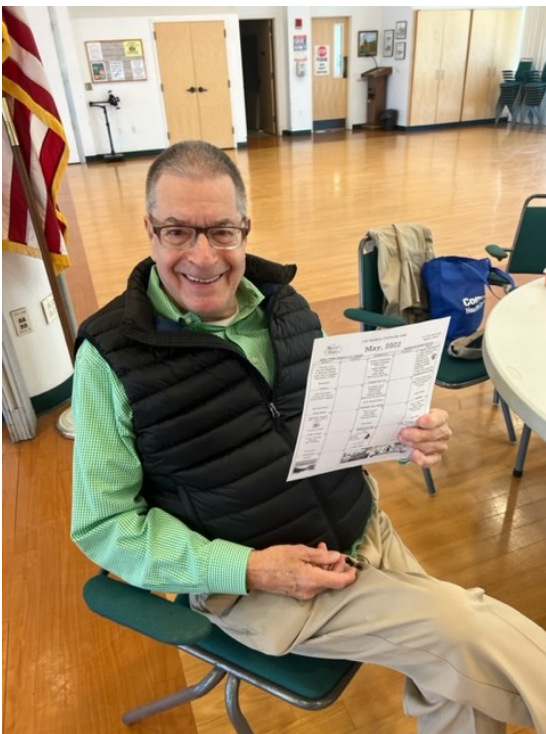
The Farmers Market Checks (Vouchers) are available - at a date to be announced in early July - to persons 60 years of age or older who qualify for the program. To qualify, your income cannot exceed the following limits: \$1,986 monthly for an individual; \$2,686 for a family of two. The vouchers may be used at the Danbury Farmers Market, which is located at the Downtown Danbury Green. Complimentary parking is available at the Patriot Garage. The market is open on Saturdays from 10am until 2pm. Vouchers will be distributed in person at the Danbury Senior Center in early July. One booklet of vouchers is available per person. You must be a Danbury resident. If you receive Vouchers from the Senior Housing building you reside in, you are not eligible to receive a second set from the Danbury Senior Center. Recipients will be asked to sign an acknowledgement that your income does not exceed the program limits. Please call the Senior Center in July for specific date and time for distribution.



## Elmwood Hall Photos and News Briefs



Timeless Trivia with Kevin Burland drew a record breaking crowd of 25 people last month! Cheers to Michelle McNamara, Jose Fuentes, and Kevin Burland for putting together this popular and well loved program!



Senior Nutrition Lunch has returned to the Center on Mondays, Wednesdays, and Fridays.  
Here are Steve and Vilma enjoying the food and the company!

### Inclement Weather Policy

Elmwood Hall Danbury Senior Center closes at times during inclement weather. Because there have now been many occasions when Danbury Schools are closed and the Senior Center did not close, such as during Storm Isaac in 2020 and the during the pandemic, **we will no longer follow the Danbury School's closing schedule. A message regarding our closing status will be on our answering machine, will be noted on our Facebook page, and announced on WLAD 800am and TV Channel 3 WFSB.**

## ***Elmwood Extra ~ Read All About It***

Department of Elderly Services  
Elmwood Hall ~ Danbury Senior Center  
10 Elmwood Place  
Danbury, CT 06810

### **Mission Statement**

**The Department of Elderly Services seeks to increase the quality of life of Danbury area citizens who are age 60 or older by developing many comprehensive programs and resources and referral services specifically designed to enrich the general well-being of Danbury's more mature population.**

**Elmwood Hall Senior Center (Wellness, Livelong Learning, Leisure Time Programs)  
Municipal Agent's Office for the Elderly (Resource, Referral, Benefits, Services)**

**Van Transportation Program**

**Rent Rebate Program**

**Intergenerational Programs**

**For a full listing of our programs please visit our website [www.danburyseniors.org](http://www.danburyseniors.org)**

### **Department of Elderly Services—Staff Members**

Susan Tomanio, LCSW - Director of Elderly Services  
Michelle McNamara - Municipal Agent/Coordinator  
Joyce Kuhn - Activities/Outreach/Resource & Referral (Grant Funded)  
Linda Rinaldi - Administrative Assistant  
Chris Bachmann - Administrative Assistant  
Jose Fuentes - Elderly Services Associate  
Joanne Norrito - Elderly Services Associate  
Pam Makin - Van Driver