



Enjoy volunteering in your community?

Do you like to meet new people?

Do you like to help people?

Are you familiar with the Danbury area?

Become an

Age Well Ambassador!

The Age Well Ambassador Program is a partnership between United Way of Western Connecticut and the Age Well Community Council. The mission of Age Well Ambassadors is to help older adults obtain nutritious food to live a healthy life. The time commitment is flexible.

As a volunteer Age Well Ambassador you will:

- Help older adults connect to nutritious food resources and learn about food pantries, farmers' markets, and other food programs.
- Connect older adults to programs that will help them complete Supplemental Nutrition Assistance Program (SNAP) applications.
- Share information on other community food resources that can help older adults stay healthy and active.

To volunteer for the Age Well Ambassador Program, you should:

- Have a desire to help older adults in the community learn about food resources.
- Be willing to learn about food insecurity and food resources in Greater Danbury
- Have good communications skills.
- Be willing to attend a 4-hour training session. The first session will be on March 31, 2020. Additional sessions will be scheduled.
- Be willing to attend monthly meetings for the first few months, and be able to commit to the program for one year.

Please note: This is a volunteer program with no monetary compensation.

Interested?

Contact Morgan Browne at United Way of Western Connecticut
203-297-6736

morgan.browne@uwwesternct.org



United Way
of Western Connecticut