CW Resources Senior Community Cafe







MENU ITEMS SUB	JECT TO CHANGE		\$3.00 SUGGES	TED DONATION
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cranberry Juice Open Faced Turkey Sandwich with Turkey Gravy Herbed Stuffing Peas and Carrots Hoppy Birthday Oatmeal Bread	2 LS Hearty Vegetable Soup Unsalted Crackers Lemon Pepper Fish Tartar Sauce Harvest Couscous Green Beans Multi Grain Bread
5	6 Dort Lein with	7	Birthday Cake 8	Fresh Orange 9
Orange Juice Ziti with Meatballs	Pork Loin with Pan Gravy	Meatloaf with Onion Gravy	Cranberry Juice Chicken Scampi	Grape Juice Roast Beef
Marinara Sauce	Brown Rice	Roasted Potatoes	Linguini	Mushroom gravy
Parmesan Cheese	Peas and Onions	Buttered Beets	Cauliflower and Peppers	Mashed Potatoes
Italian Blend Veggies				Green Beans
Garlic Bread	Rye Bread	W.W. Dinner Roll	Biscuit	Dinner Roll
Pudding	Fresh Tangerine	Mixed Fruit Cup	Cinnamon Applesauce	Lemon Pudding
12	13	14	15	
Veal Marsala	Grape Juice	Salisbury Steak	Cranberry Juice	Orange Juice
Marsala Sauce Brown Rice	Tuna Mac and Pea Salad	LS Gravy Mashed Potatoes	Turkey Tetrazzini over	Broccoli and Cheese Stuffed Chicken Breast
Sautéed Garlic Broccoli	Stewed Tomatoes	Italian Green Beans	Wide Egg Noodles Peas & Carrots	Long Grain Rice
				Buttered beats
Oatmeal Bread	Pumpernickel Bread	W.W. Hamburger Bun	Dinner Roll	12 Grain Bread
Apricots	Cookies	Cantaloupe	Pecan Spinwheel	Strawberry Sundae
19	20	21	22	23
Apple Juice	Grape Juice	Spaghetti with	Cranberry Juice	LS Cream of Mushroom
Seasoned Chicken Leg with	LS Sliced Ham with Pineapple Sauce	Meat Sauce	Philly Cheese Steak	Unsalted Crackers Pier 17 Fish
Spanish Rice	Mashed Potatoes	Italian Blend Vegetables Romaine Salad	Onions and Peppers Tater Tots	Tartar Sauce
Green Beans	Country Style Veggies	Ranch Dressing	Coleslaw	Rice Pilaf
				Capri Blend Veggies
Oatmeal Bread	12 Grain Bread	Garlic Bread	Sub Roll	Rye Bread
Brownie	Fresh Peach	Citrus Sections	Applesauce	Tropical Fruit Cup
26 Turkey Kielkees	27	28	29 Orankarra kijas	30
Turkey Kielbasa	Orange Juice	Hamburger	Cranberry Juice	LS Cream of Mushroom
Buttered Noodles	Bruschetta Chicken	Lettuce and Tomato	BBQ Pork Chop	Unsalted Crackers
Red Cabbage	Linguini	Steak Fries	Macaroni and Cheese	Egg Salad with Celery
	Italian Blend Vegetables	Green Beans	Peas and Carrots	Potato Salad Broccoli and Red Pepper
Rye Bread	Garlic Bread	Hamburger Roll	W.W. Dinner Roll	Pumpernickel Bread
Applesauce	Cookies	Peaches	Ice Cream Sandwich	Fresh Pear